

# Freshly made frozen Meals for Students and Their Families

\*Samples of some of the meals



Can be baked or microwaved right in the tray!

Fill out request weekly by Monday

[Confidential Request Form](#)

Can be sent home with student or pick up at NHSS on Thursdays 12:30-1:00

Questions: Kelley Howard, 603-966-1124 or [Howardk@nashua.edu](mailto:Howardk@nashua.edu)

